

User Guide for Associates & Spouse/Partners - Complete a Preventive Physical Exam

Step 1 - Create Your Secure Account: nelnet.uswellness.com



- Already a member? Click the circled link to sign in
- Not a member? Follow the prompts to register

- **Having trouble?** Contact US Wellness
Phone: 888.926.6099 x 900
Email: askme@uswellness.com

Step 2 - Once registered: Navigate to Home & “Accept” the Terms

Step 3 - Click Scheduling & then click on Blue Icon

Home Scheduling Results Admin Console Reports & Analytics

Live healthier, be stronger, and achieve more!

Alternative Forms

2024 Nelnet Wellness Program Exam Form
Click the blue icon to download an exam form.
Download the exam form and schedule an appointment for your annual preventive physical exam. Complete the top half of the form. Take the form to your appointment and ask your primary care provider to complete the tobacco usage and preventive exam sections, and sign the form. Your provider may use the waiver section if applicable. **Return here to upload your completed exam form by September 30, 2024.** Results are available under the RESULTS tab after they have been verified. Your Virgin Pulse Rewards Page will be updated within 10 business days.

Another box will appear – click the Blue Icon again

Nelnet 2024 Offsite Screening Forms | Included Tests: RAS - Nelnet Grouping,

Click the blue icon to download an exam form.

NOTE: The form may take up to a minute to load as it validates your user account. Thank you for your patience.

Step 4 – Download your Exam Form – Print and supply to your PCP

Nelnet 2024 Offsite Screening Forms

Download Form Upload Form

Step 5 – Once Complete, follow steps above to return to this site and “Upload” your Exam Form using the option shown in Step 4.

Participants will receive a confirmation email to the email address used to register within 2-business days of submitting your Exam form.

Step 6 – After 10 business days of submitting your Exam Form, navigate to the Results section to find your Exam results. See below.

Home Scheduling **Results** Admin Console Reports & Analytics

Stay On Your Wellness Journey

Results

Wellness Test Results

Show all test results between

From: May 2, 2023 To: May 14, 2024 [Back](#)

Physician Form
Date of Service : Aug 23, 2023

Name	Current	Measurement	Your Risk Range	Optimal	Moderate Risk	High Risk
Total Cholesterol						
HDL						
LDL						
Triglycerides						
Glucose						
Blood Pressure Systolic						

Contact US Wellness for questions regarding technical issues, results & form submissions:

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